

Bright Line Eating The Science Of Living Happy Thin And Free

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Bright Line Eating The Science

When it comes to what we eat, most people seem to take it for granted that we can choose to be better. Buying more fresh produce, sticking to a new diet, simply eating less. But in his new book Hooked ...

Why We Should Think About Junk Food Like Cigarettes

The bright orange amphibian, which shines green under UV light, is different from other pumpkin toadlets due to its appearance and call ...

Biologists Discover New Species of Glowing Pumpkin Toadlet

I know that it is not easy for some of you to hear this, nor is it easy for me to say this, but many of you will look back on 2020 (and now apparently part of 2021) and realize that you were guided ...

Chidester: Lazy lifestyles the biggest health threat during pandemic

Families initially returned to elementary schools in lower numbers than expected. The numbers are improving. Middle- and high-schoolers return Tuesday.

Less than half of expected L.A pupils returned in first week; then numbers improved

Wild tomatoes that grow in South America, the ancient relatives of modern varieties, harbor genes for numerous desirable traits - flavor, ...

GORKY Protein Turns Bitter Tomatoes Sweet

It's the question that's got the brightest minds baffled - what do you name these celestial monsters, writes Dennis Overbye ...

A crush? A scream? What do you call a group of black holes

When flat, the structure is about the size of a twin mattress. But when it's inflated, walls widen, and a roof snaps into place.

This Human-Sized Origami Reimagines Emergency Shelters

It wasn't that long ago when I realized that I never looked at the comics in the newspaper any more. For my entire life, that was the first thing that ...

JOE BLACK: Movement the perfect medicine for getting 'a little long in the tooth'

A lot has changed between the 19th century and today, but one thing that hasn't is the plethora of available parenting advice—though the following tips would likely make today's parents scratch their ...

24 Puzzling Parenting Tips From the 1800s

Dust off those binoculars and keep your eyes on the skies, as the fifth full moon of 2021 is fast approaching. As one of 12 full moons to admire every year, May's moon has long been associated with ...

May's Flower Moon, and other full moon dates for 2021

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Jubilee Place, London, SW3

My first Tigers game was this past Friday as they played the Kansas City Royals. Since you have to buy at least two tickets to get inside, the Tribune's sports editor Mark Birdsall went with me, ...

These Tigers had no roar

It's fairly frustrating to be a creative stoner who never remembers their dreams. For all the sleep-supporting phenotypes and cannabinoids strain science has cultivated, many have yet to come across a ...

Greater Goods' CBD-infused Products Can Activate the Stoner Subconscious, but Overdoing It Can Fuel Nightmares

You will see a bias towards it in Torta della Nonna too, from southern Italian custard and jam becconotti to ricotta-filled crostata and Florence's little rice pudding pastries, budini di riso. I also ...

Emiko Davies revisits Italian sweets in recipe book Torta della Nonna

I love that Birdcall opened directly across the street from a Chick-fil-A in northeast Colorado Springs. It's a "cluck you" throwing down of the gauntlet: We're coming for your market ...

Expanding regional chain Birdcall will eat Chick-fil-A's lunch

So, does the ancient Aardware weather station work? Well, yes, after a fashion. The wind vane, it transpires, operates with three reflective optocouplers (...

More Aardware weather station

Instant oatmeal is a popular breakfast choice, but some options are better for you than others. Here are the best and worst instant oatmeals.

Every Oatmeal in America in 2021—Ranked

The Oregon Convention Center—a cavernous, 160,000-square-foot hall plopped in the no man's land between Moda Center and the industrial eastside—hosts the state's largest vaccine clinic. Every hour ...

Oregon's Largest Vaccination Site is a Logistical Masterpiece. We Take You Inside.

A recent webinar about the future of live events raised as many questions as answers for performing arts organizers in New York state.

New York arts organizers make best-laid plans for live events

Mary Kay Inc., a leading corporate advocate of women's empowerment and entrepreneurship, announced the top three winners of its World Series of Innovation (WSI) Challenge in partnership with the ...