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## Plant Based Recipes For Healthy Living

We've also published a roundup of the 30 best low-carb air fryer recipes and keto air fryer desserts. Article image from The Capsule Kitchen. 1. Vegan Air Fryer Falafel Balls. First up (because they are a personal favorite here at Sortathing), Vegan Air Fryer ...

### **30 Very Best Vegan Air Fryer**

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Place the potato balls in a single layer in your air fryer basket (If your brand of air fryer comes with an elevated crisper plate/tray, be sure to insert it into the basket). Lightly spray the tops of the potato balls with olive oil spray and air fry at 390° F for 10-15 minutes until the potato balls are golden brown but not

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burned, lightly ...

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without oil. For more information on air frying (and a delicious recipe) see Air Fried Tofu Italian Style. Join the FatFree Vegan Air Fryers group on Facebook for more great ideas and info.

## **Air Fryer Archives | FatFree Vegan Kitchen**

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The benefit to making French toast in the air fryer is that it gives it a fluffy, lighter texture. This recipe is also vegan (no eggs!) and can be gluten-free if you use GF bread. Related Stories

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everything from jalapeno poppers, ways to use tempura in the air fryer, and dumplings.

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